Michigan Conference of Teamsters Welfare Fund: Benefit Package 140

Summary of Benefits and Coverage: What this Plan Covers & What You Pay For Covered Services

Coverage Period: 04/01/2022 - 03/31/2023

Coverage for: Family | Plan Type: PPO



The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, contact our Member Services Department at 1-800-572-7687. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at www.mctwf.org or call 1-800-572-7687 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$0	See the Common Medical Events chart below for your costs for services this <u>plan</u> covers.
Are there services covered before you meet your deductible?	Yes. <u>Preventive care/screening</u> and <u>primary, specialist, emergency room, or urgent care provider</u> services as long as you use a <u>network provider</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply.
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	For <u>network providers</u> , \$2,000/family for most medical services. For non-network <u>providers</u> , \$4,000/family for most medical services.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , the overall family <u>out-of-pocket</u> limit must be met.
What is not included in the out-of-pocket limit?	Premiums, balance-billed charges, health care this plan doesn't cover, and non-network coinsurance expenses.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See www.mctwf.org or call 1-800-572-7687	This <u>plan</u> uses a provider <u>network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a specialist?	No	You can see the <u>specialist</u> you choose without a <u>referral</u> .

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All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common		What You Will Pay	Limitations, Exceptions, & Other Im-		
Medical Event Services You May Need		Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	portant Information	
lf you visit a	Primary care visit to treat an injury or illness	\$20 <u>copay</u> /visit	40% coinsurance	None	
If you visit a health care pro- vider's office or	Specialist visit	\$20 <u>copay</u> /visit	40% coinsurance		
	Preventive care	No charge	40% coinsurance	You may have to pay for services that	
clinic	<u>Screening</u>	No charge	10% coinsurance	aren't <u>preventive</u> . Ask your <u>provider</u> if the	
	<u>Immunization</u>	No charge	20% coinsurance	services you need are preventive. Then check what your <u>plan</u> will pay for.	
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	No charge	10% coinsurance	None	
If you have a test	Imaging (CT/PET scans, MRIs)	No charge	10% <u>coinsurance</u>	<u>Preauthorization</u> required, otherwise not covered	
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www. caremark.com	Generic drugs	\$10 copay/prescription for up to 34 days supply (retail), \$20 copay for 90 days supply (retail & mail order).		Preauthorization required as follows, otherwise not covered: Coverage of nonformulary brand drugs, compound drugs exceeding a specified dollar limit, and drugs within the following therapeutic categories: Acne, Anti-Obesity, ADHD/Narcolepsy (age 20 and above), Anabolic Steroids, Oral Anti-fungal, SSRI (brand name only), Proton Pump Inhibitors (brand or generic treatment greater than	
	Preferred brand drugs	\$20 copay/prescription for up to 34 days supply (retail), \$40 copay for 90 days supply (retail & mail order).	Difference between the charges and the allowed		
	Non-preferred brand drugs	\$20 copay/prescription for up to 34 days supply (retail), \$40 copay for 90 days supply (retail & mail order).	amount plus the applicable network copay.	90 days per one year period). Erectile dys function tablets, influenza treatment and preventions, smoking cessation and other limitations *see section 6.8 in SPD.	
	Specialty drugs	\$20 copay/prescription for up to 34 days supply (retail), \$40 copay for 90 days supply (retail & mail order).		Prior authorization required, other-wise not covered. Certain specialty drugs may be deemed as non-preferred brand drugs and may be subject to the corresponding copay structure.	
If you have	Facility fee (e.g., ambulatory surgery center)	No charge	10% <u>coinsurance</u>		
outpatient surgery	Physician fees	No charge	10% coinsurance	None	
	Surgeon fees	No charge	10% <u>coinsurance</u>		

^{*} For more information about limitations and exceptions, see your Summary Plan Description (SPD) or Schedule of Benefits (SOB) at www.mctwf.org



Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	Network Provider	Non-Network Provider	Information	
		(You will pay the least)	(You will pay the most)		
If you need immediate medical attention	Emergency room care	\$75 <u>copay</u> /visit	\$75 <u>copay</u> /visit	<u>Copay</u> waived if admitted. *see Section 3.15 in SPD for limitations.	
	Emergency medical transportation	No charge	No charge	*see Section 6.8 in SPD for limitations.	
	<u>Urgent care</u>	\$20 <u>copay</u> /visit	40% coinsurance	None	
If you have a	Facility fee(e.g. hospital room)	\$250 <u>copay</u> /admission	\$250 <u>copay</u> /admission 10% <u>coinsurance</u> after <u>copay.</u>	Prior authorization required, otherwise not covered.	
hospital stay	Physician fees	No charge	20% coinsurance		
	Surgeon fees	No charge	10% coinsurance		
If you need mental	Outpatient services	\$20 <u>copay</u> /visit	40% coinsurance	None	
health, behavioral health, or substance abuse services.	Inpatient services	\$250 <u>copay</u> /admission	\$250 <u>copay</u> /admission 10% <u>coinsurance</u> after <u>copay.</u>	Prior authorization required, otherwise not covered.	
If you are pregnant	Office visits	No charge	10% coinsurance		
	Childbirth/delivery professional services	No charge	10% coinsurance	None	
	Childbirth/delivery facility services	\$250 <u>copay</u> /admission	\$250 <u>copay</u> /admission 10% <u>coinsurance</u> after <u>copay.</u>		
	Home health care	10% <u>coinsurance</u>	10% <u>coinsurance</u>	Prior authorization required, otherwise not covered. *see Section 3.17 in SPD for limitations.	
	Rehabilitation services	25% coinsurance	35% <u>coinsurance</u>	When you require therapy to restore and maintain normal function.	
If you need help re-	Habilitation services	25% coinsurance	35% <u>coinsurance</u>		
covering or have other special health needs	Skilled nursing care	No charge	No charge	Prior authorization required, otherwise not covered. *see vour SOB for limitations.	
	Durable medical equipment	10% <u>coinsurance</u>	10% <u>coinsurance</u>	Prior authorization generally required for purchases and repairs only, otherwise not covered. *see section 3.23 in SPD for limitations.	
	Hospice services	No charge	No charge	Prior authorization required, otherwise not covered.	

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Common		What You Will Pay		Limitations, Exceptions, & Other Important
Medical Event	Services You May Need	Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	Information
	Children's eye exam	Not Covered	Not Covered	None
If your child needs dental or eye care	Children's glasses	Not Covered	Not Covered	None
dental or eye care	Official S glasses	Not Covered	Not Covered	
	Children's dental check-up	Not Covered	Not Covered	None

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Acupuncture
- Cosmetic surgery
- Dental care (Adult)

- Infertility treatment
- Long-term care
- Routine eye care (Adult)

Routine foot care (except in presence of certain systemic conditions)

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Bariatric surgery
- Chiropractic care up to 24 spinal manipulations per person annually. One mechanical traction per day only with spinal manipulation expenses. One "new patient" office visit every 36 months and one "established patient" office visit annually, per chiropractor.
- Hearing aids up to \$1,000 per person, per aid every 2 years.
- Non-emergency care when traveling outside the U.S. Contact 1-800-810-2583.

 Private-duty nursing limited to 24 hrs. per day for 5 days lifetime, 16 hrs. per day for 45 days lifetime and 8 hrs. per day for 900 days lifetime.

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272). Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your <u>Grievance</u> and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: The <u>plan</u> at 1-800-572-7687. You may also contact the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa/healthreform, or the Michigan Office of Financial and Insurance Regulations at 1-877-999-6442.

Does this plan provide Minimum Essential Coverage? Yes

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet the Minimum Value Standards? Yes

If your <u>plan</u> doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium tax credit</u> to help you pay for a <u>plan</u> through the <u>Marketplace</u>. **Language Access Services:**Spanish (Español): Para obtener asistencia en Español, llame al 1-800-572-7687.

About These Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

\$0

\$7,400

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

\$20

\$250

\$20/10%

- The plan's overall deductible \$0
- Specialist copayment
- Hospital (facility) copayment
- Other copayment/coinsurance

Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

- The plan's overall deductible
- Specialist copayment \$20
- Hospital (facility) <u>copayment</u> \$250
- Other copayment/coinsurance \$20/10%

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

- The plan's overall deductible \$0
- Specialist copayment \$20
- Hospital (facility) copayment \$250
- Other copayment/coinsurance \$20/\$75/10%/25%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)

Specialist visit (anesthesia)

This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)

Diagnostic tests (blood work)

Total Example Cost

Prescription drugs

Durable medical equipment (glucose meter)

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Total Example Cost

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$12,800

In this example, Peg would pay:

Cost Sharing		
Deductibles	\$0	
Copayments	\$330	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$60	
The total Peg would pay is	\$390	

In this example. Joe would pay:

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Cost Sharing		
Deductibles	\$0	
Copayments	\$770	
Coinsurance	\$173	
What isn't covered		
Limits or exclusions	\$55	
The total Joe would pay is	\$998	

In this example. Mia would pay:

Cost Sharing		
Deductibles	\$0	
Copayments	\$135	
Coinsurance	\$58	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$193	

\$1,900